

Eastern Devon Dementia Mapping

AXMINSTER	Memory Café - Pippins Centre - fortnightly	Community Matron for Dementia – RDUH NHS Foundation Trust	Golden Oldies Axminster Guildhall - monthly	
BROADCLYST	Clyst Caring Friends Day Care 3/week	The Filo Project – Small group care days – Across all Devon.		
BUDLEIGH	‘Sea Support’ – home support service including daytime respite	‘Brain Boost Club’ Cognitive Stimulation Therapy – 12-week courses	Seachange Memory Café/day care x 2/week	‘Refresh’ Carers Drop In- monthly
	‘Singing for Wellbeing’ Seachange - monthly	Admiral Nurse Service with RDUH	The Filo Project – Small group care days – Across all Devon.	Age UK Devon – enabling and home support
CHAGFORD	Chagford memory café Jubilee Hall - fortnightly	The Filo Project – Small group care days – Across all Devon.		
COLYFORD	Memory Café -Memorial Hall - monthly	The Filo Project – Small group care days – Across all Devon.		
COLYTON	Memory Café – Reece Strawbridge Youth Centre monthly	The Filo Project – Small group care days – Across all Devon.		
CRANBROOK	Honiton, Ottery St Mary and Sidmouth (HOSMS) Dementia Services	The Filo Project – Small group care days – Across all Devon.		
CREDITON	Memory Café - Lady Mills Centre – weekly	The Filo Project – Small group care days – Across all Devon.		
CULLOMPTON	Memory Café - Community Life Hub Group - fortnightly	The Filo Project – Small group care days – Across all Devon.		
EXETER	Age UK Exeter ‘Singalongs’ fortnightly	‘Remember that Song’ St Thomas - weekly term time	Age UK Exeter Home Support Service - weekdays	Age UK Exeter Budding Friends Allotment for people living with dementia and carers
	Age UK Exeter Sycamore Days x 3 week	Filo Project day care – various locations	The Filo Project – Small group care days – Across all Devon.	Exeter Museum – monthly
	Admiral Nurse Service - Exeter Hospice	Admiral Nurse Service (inpatients at RDUH)	Memory Café – Belmont - monthly	Memory Café- Heavitree - monthly
	Dementia Friendly screening – Picture House - monthly	Meet and Remember- St Thomas - weekly	Sporting Memories – CCT St James Park -weekly	
EXMINSTER	Westbank Day Care x 2 week	The Filo Project – Small group care days – Across all Devon.		

EXMOUTH	Seachange – lunch and activities every Friday - Palmer House Community Centre	Filo project – various days/ locations	'Ness Hub' Active Minds Sessions (Cognitive Stimulation Therapy) x 3/week	'Ness' Carer Coffee mornings – every Monday
	Memory Café – Imperial Hotel monthly	Age UK Devon GWRSA club Sporting Memories weekly	Admiral Nurse Service with RDUH	Singing for the Brain – Littlemead Church x 2/monthly
	Age UK Devon – enabling and home support	Sporting Memories - weekly	Sow and Grow – weekly (seasonal)	
HONITON	Memory Café – Methodist Church Hall x 2/monthly Cinema trips/walking group	Admiral Nurse Service	'Honiton Carers Support Group' – weekly at 2 locations	Linden Day Services (HOSMS Dementia Services) CST/respite/social opportunities - various days during week – St Michael's Day Centre
	Age UK Devon – enabling and home support			
	Golden Oldies- The Beehive Dowell Street – monthly	The Filo Project – Small group care days – Across all Devon.		
MORETONHAMPSTEAD	Memory Café - The Community Club - monthly			
OKEHAMPTON	Memory Café - The Pavilion in The Park - weekly	The Filo Project – Small group care days – Across all Devon.		
OTTERY ST MARY	Admiral Nurse Service	Memory Café - Ottery Cricket Club - monthly	Linden Day Services (HOSMS Dementia Services) CST/respite/social opportunities - various days during week – Ottery St Mary Football Club	The Filo Project – Small group care days – Across all Devon.
	Age UK Devon – enabling and home support			
SEATON	Memory Café – Methodist Church Hall - weekly	Community Matron for Dementia – RDUH NHS Foundation Trust	Age UK Devon Social Café - 1 Harepath Road - weekly	Golden Oldies - St Gregory's Church Hall - monthly
	The Filo Project – Small group care days – Across all Devon.			
SID VALLEY	Memory Café – Twyford House - weekly	Admiral Nurse Service	HOSMS Dementia Services Sidford Hospice at Home	The Filo Project – Small group care days – Across all Devon.

SILVERTON	Silverton Memory Cafe Community Hall - weekly	The Filo Project – Small group care days – Across all Devon.		
STARCROSS	Rare Dementia Support Group – Powderham Castle – 1 st Tues of the month	The Filo Project – Small group care days – Across all Devon.		
TIVERTON	A Different Journey Group Bridge Street - monthly Forget Me Not cafe Cherith Church - monthly	The Filo Project – Small group care days – Across all Devon.	Age UK Devon – enabling and home support	
TOPSHAM	Memory Café – Estuary League of Friends - monthly	Golden Oldies - Nancy Potter House - fortnightly	The Filo Project – Small group care days – Across all Devon.	
WOODBURY	Admiral Nurse Service with RDUH	The Filo Project – Small group care days – Across all Devon.		
AGE UK DEVON	Enabling and Home Support Service	Information and Advice Service		
DEVON CARERS	Peer Support Groups – various locations and times and virtual	Carer Skills Workshops – virtual/face to face	'Time For You' sitting service	Carer's Assessment
	Hospital Services	Emergency planning	Carer Passports	Carer's Break Fund
The Filo Project	Small Group Care Days – Monday – Friday – Across all Devon areas.			
USEFUL CONTACTS				
Admiral Nurse Dementia Helpline www.dementia.org.uk	Age UK Exeter info@ageukexeter.org.uk	Age UK Devon info@ageukdevon.org.uk	Alzheimer's Society www.alzheimers.org.uk	Carers UK - www.carersuk.org
Carer's Trust Network – directory of counselling advice@carersuk.org	Care Direct www.devon.gov.uk/socialcare Social Care Assessments	Dementia Adventure www.dementiaadventure.org Holidays for plwd/training and support for carers	Devon Carers devoncarers.org.uk/contact	Exeter Dementia Action Alliance exeterdaa@outlook.com
Older People's Mental Health Team (OPMH) www.dpt.nhs.uk/locations/older-people-s-community-mental-health-service-exeter	Rare Dementia Support www.raredementiasupport.org	Social Care Institute for Excellence (SCIE) www.scie.org.uk	Together in Dementia Everyday (TIDE) www.tide.net.uk	The Filo Project www.thefiloproject.co.uk info@thefiloproject.co.uk 0333 939 8225
TECHNOLOGY/AIDS	Alexa	GPS Trackers	Personal Alarms	Sensor mats

Pill dispensers	Camera doorbells	Key safes	Dementia Clocks	Large push button phones
Universal remote controls	Smoke and heat alarms	Radar keys for toilets		
<u>ONLINE SUPPORT</u>	Alzheimer's Dementia Connect	'Dementia, what next?' Dementia UK Free online series	'My Life, My Goals' Innovations in Dementia/University of Exeter	Dementia UK virtual clinic appointments www.dementiauk.org/get-support/book-a-clinic-appointment/